

COURSE SYLLABUS

Course: CAS 268: Alcohol & Drug Studies

Current Semester: Summer 2024

Time and Location: Online via Moodle

Instructor: Gina Roos MS, LAC

Contact Information:

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Credit Hours: 2

Course Description: This course is designed to provide a comprehensive and practical overview on how to counsel all people with addictions. The information presented will help you, the counselor, chose a model of addiction you support. It will also present various avenues a counselor can take so they are able offer the client the most beneficial treatment/counseling.

Instructional Materials:

Van Wormer, Katherine & Davis, Diane Rae. (2018). *Addiction Treatment, A Strengths Perspective*, 4th Ed. Cengage.

ISBN: 978-1-305-94330-8

Student Learning Outcomes:

Upon *successful* completion of this course, students will be able to:

1. Identify and support their preferred model of addiction
2. Understand the roles Addiction Counselors perform in order to individualize treatment for a variety of clients in various stages of addiction.
3. Be able to identify different types of counseling methods and how/when to use them effectively
4. Become more informed on current research studies and findings when it comes to understanding and treating addiction

Purpose of Academic Assessment

Academic assessment is the process for *ongoing improvement of student learning and success*. Student Learning Outcomes are used in assessment at Dawson Community College with four specific interrelated purposes.

1. To improve student learning,
2. To improve teaching strategies,
3. To document successes and identify opportunities for improvement,
- and 4. To provide evidence for institutional effectiveness.

Assignment/Grading Information:

All assignments will be posted on Monday by noon. All assignments are due by the following Sunday at midnight. If you need additional time to complete the week's assignments, please email, text, or call.

5 Assignments: 25 points each

3 Online Discussions/Check-Ins: 25 points each

Final Project: 50 points

Total Points Possible: 250

A 90-100% B 80-89% C 70-79% D 60-69% F <60%

Online Discussion Requirements:

Throughout the semester, you will be required to participate in online discussions. The question will be posted at the start of the week (Monday) and you have until 11:59pm on each Sunday to post your responses. You will be required to respond to the instructor's question(s), as well as 2 of your classmates' response. The goal of these discussions is to create a discussion thread and to connect with your classmates. These posts need to be well thought out and a minimum of 100 words. You need to put effort and thought into the response in order to earn your full points for the week.

Course Schedule/Outline

Week 1:

Class Introduction
Review Syllabus, Moodle, Cengage
Group Discussion

Week 2:

Chapter 1- The Nature of Addiction
Chapter 2- Historical Perspectives
Assignment Due

Week 3:

Chapter 3- Substance Misuse, Dependence, and the Body

Week 4:

Chapter 4- Substance Misuse with a Co-Occurring Mental Disorder or Disability
Assignment Due

Week 5:

Chapter 5- Gambling, Eating Disorders, Shopping, and Other Behavioral Addictions
Assignment Due

Week 6:

Chapter 6- Addiction Across the Life Span
Relating to Your Clients' Thinking
Assignment Due

Week 7:

Chapter 8- Strengths and Evidence Based Helping Strategies
Jellinek Curve
Neuroplasticity
Anhedonia
Assignment Due

Week 8:

Chapter 9- Mutual Help Groups and Spiritual/Religious Resources

Group Discussion

Week 9:

Chapter 10- Family Risks and Resiliencies

Trauma

Group Discussion

Week 10:

Final Project: Toolbox

Course Policies

Attendance: Dawson Community College supports the philosophy that learning is optimal when students attend classes regularly and participate in the learning environment through interaction with colleagues and instructors. Therefore, the student is responsible for maintaining regular attendance in registered classes. Approved absences due to college sponsored activities are excused. Absences due to serious illness or strictly unavoidable circumstances may be excused if the instructor is completely satisfied as to the cause. An excused absence does not, under any circumstances, relieve the student of the responsibility for completing the course work to the satisfaction of the instructor.

Students Representing the College – Excused Absences: Students who represent the college (athletes and others) do not choose their schedules. Student athletes are required to attend games and/or meets. All student athletes should provide their schedules to their instructors at the beginning of the semester. Faculty are encouraged to treat missed classes or exams (because of a scheduling conflict) as excused absences and urges faculty to work with the students to make up the work or exam.

Before missing class, students are required to visit with faculty about coursework they will miss. It is the student's responsibility to obtain assignments prior to the arranged absence. The student needs to inform faculty at least one week in advance before their absence. Faculty is encouraged to accommodate the needs of students participating in college sponsored enrichment activities.

Academic Integrity: Students at Dawson Community College are responsible for cooperating with the instructor in an effort to create a classroom environment that is conducive to the teaching/learning process. Students are expected to do their own work and in their own words and their own ideas. If they quote or paraphrase the words of others, they are expected to indicate who it is they are paraphrasing. An instructor, who believe a student has cheated or claimed the work of someone else as his/her own, may take disciplinary steps as outlined under the Academic Integrity Guidelines (available in College Catalog). This may include, but is not limited to, failure of the assignment, failure of the course, suspension or expulsion. If you have any doubts about what constitutes a violation of Academic Integrity, please ask your instructor.

<https://www.dawson.edu/current-students/academic-resources/>

Reasonable Disability Accommodation: Dawson Community College will provide reasonable accommodations for qualified students with disabilities pursuant to Section 504 of the Rehabilitation Act of 1973 and the Americans with Disabilities Act (Public Law 101-336) to ensure equal access to its programs. Students with disabilities who may need accommodations should contact the Vice President of Academic and

Student Affairs each semester. I encourage you to discuss the accommodation as soon in the semester as possible.

<https://www.dawson.edu/future-students/accessibility.html>

Student Handbook: Student rights and responsibilities are documented in the Student Conduct Code which can be found in the student handbook (available in College Catalog).

<https://www.dawson.edu/current-students/student-success/student-handbook.html>

Student Grievance Procedure: More information is available in the current catalog.

Syllabus Change Policy: Except for changes that substantially affect implementation of the evaluation (grading) statement, this syllabus is a guide for the course and is subject to change with advance notice.

Health and Safety Contingency Planning: After the nationwide Covid-19 pandemic that begun during spring break in March 2020, educational delivery throughout the nation transitioned to various distance modalities. Adherence to College safety policies and practices by students, faculty, staff, and campus visitors will continue to be essential to maximizing everyone's health and safety. In the event of widespread illnesses, severe weather, government mandates, or public health and/or safety concerns, the college will assess the potential impact(s) to the campus and make decisions we believe to be in the best interest of our students, employees, and the public. If any changes to instructional delivery become necessary, students will be notified through their Bucs email or Moodle. It is essential that students carefully monitor any announcements and closely follow any directives issued by the college faculty or administration. Your cooperation will help to maintain the health and safety of all member of our campus community.